

## **Charis “Labor Support” Workshop**

Wednesday, April 29, 2026

8:30 a.m. – 6:00 p.m.

At Charis Childbirth in North Port, Florida

This hands-on workshop facilitated by Kristin Schuchmann, LM, CPM, is designed for childbirth educators, doulas, midwives, or others who would like to improve their ability to support laboring women with excellence.

At our workshops, learning is interactive, hands-on, fun, and interesting. All Charis workshops are taught from a Christian perspective, giving God the glory for His marvelous creation and how He so wonderfully created women to bear children.

You will spend the day making new friends and becoming more skilled in knowing how and when to use many techniques to bring a woman comfort during each phase of labor, understanding the science behind why the comfort measures work, creating an environment conducive to the natural progression of labor, encouraging optimal fetal positioning, recognizing when a woman is beginning to panic and helping her regain control, gently encouraging a woman to effectively push out her baby while taking advantage of the natural physiology of second stage, and so much more.

In addition to the valuable skills acquired at the workshop, you will also take home with you a beautiful “labor support bag” filled with an assortment of tools to help you successfully support, serve, and bring comfort to your future clients as they labor.

A delicious breakfast and lunch will be provided for all the workshop attendees to enjoy as you get to know each other better during sweet times of fellowship. Breakfast is served at 8:30 a.m. and the workshop begins promptly at 9:00 a.m.

The cost is \$300 for Charis members and \$330 for non-members (includes one-year Charis membership).

**To register, complete the following form and mail it, along with payment, to**

**Charis Childbirth  
2575 N. Toledo Blade Blvd., Suite 3  
North Port, FL 34289**

**Electronic registration is available,  
contact your Charis coach or Charis administration.**

**Registration must be received before April 7, 2026**

*Register early... Space is limited to the first 12 registrants.*

**[www.CharisChildbirth.org](http://www.CharisChildbirth.org)**

**Charis “Labor Support” Workshop**

Wednesday, April 29, 2026

8:30 a.m. – 6:00 p.m.

At Charis Childbirth in North Port, Florida

Name \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Special Dietary Needs/Preferences \_\_\_\_\_

How did you hear about this workshop? \_\_\_\_\_

Charis Member: \_\_\_\_\_yes \_\_\_\_\_no

**To register, complete this form and mail it, along with payment, to  
Charis Childbirth  
2575 N. Toledo Blade Blvd., Suite 3  
North Port, FL 34289**

**Electronic registration is available,  
contact your Charis coach or Charis administration.**

**Registration must be received before April 7, 2026**

*Register early... Space is limited to the first 12 registrants.*

**[www.CharisChildbirth.org](http://www.CharisChildbirth.org)**